

# OCCUPATIONAL MENTAL HEALTH & ILLNESS 101



>>> WITH DR. WENDY STANYON

Limited seating.  
BOOK EARLY!

## It's time we have the conversation about mental health in your workplace!

Mental illness is considered the number one cause of workplace disability in Canada. Yet, stigma around the topic is a key reason why many Ontarians don't talk about mental illness in their workplaces.

This half-day workshop is your chance to become more informed and talk more openly about mental health in the workplace. Join us in promoting a greater understanding of occupational mental health and illness.

This discussion will also include a demonstration of **Mindsight**.

WHO SHOULD ATTEND: WSIB Representatives, RTW Specialists, Health & Safety, Human Resources, Workplace Leadership and Union Stewards.

## MEET THE SPEAKER:

DR. WENDY STANYON is a mental health nurse and academic committed to raising greater awareness about mental illness. She led the development of Mindsight, an online educational resource to promote mental health awareness, reduce stigma, and teach users basic strategies and resources for supporting individuals living with mental illness.



\* » BUY 10 for only \$750

OTTAWA

» June 17, 2017

**Location:** Ottawa Public Library  
Auditorium (basement)  
120 Metcalfe Street

**Workshops will run from 9am–12pm.**

**Cost: \$100\***

### For further information:

Tel. (416) 443-7683

Fax: (416) 441-1893

e-mail: [info@preventionlink.ca](mailto:info@preventionlink.ca)



OCCUPATIONAL DISABILITY  
RESPONSE TRAINING   
>>> PREVENTION LINK

PREVENTION LINK   
>>> DISABILITY PREVENTION AT WORK



>>> [preventionlink.ca](http://preventionlink.ca)

Did you know you can register for this course online? It's fast and easy!  
Visit [preventionlink.ca](http://preventionlink.ca) to register now.

Course Title and Location OCCUPATIONAL MENTAL HEALTH & ILLNESS 101

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

Prov \_\_\_\_\_ Postal \_\_\_\_\_ Email \_\_\_\_\_

Phone \_\_\_\_\_ Work \_\_\_\_\_ Fax \_\_\_\_\_

Union and Local \_\_\_\_\_

Are you a: Worker  Worker Rep.  Employer Rep.  Other

Please complete this form online (payment with credit card) **OR** return by mail together with payment to:

**Prevention Link**

15 Gervais Drive, Suite 202  
Toronto, ON M3C 1Y8

**Note:** The Prevention Link team recommends that you fax a copy of your registration form prior to mailing the original with payment.  
Fax: (416) 441-1893

For further information please contact **Sue Fratric:**  
by phone at **(416) 443-7683**  
via e-mail at [sfratric@preventionlink.ca](mailto:sfratric@preventionlink.ca)  
visit our website at [preventionlink.ca](http://preventionlink.ca)

Mark your course selection and fill in payment amount:

**OTTAWA** » June 17, 2017

**Location:** Ottawa Public Library  
Auditorium (basement)  
120 Metcalfe Street

**\* » BUY 10 for only \$750**

Total Payment: \$ \_\_\_\_\_ Cheque enclosed.

Fees also include all course material, guided instruction, and certificate of completion.

**Please note:** There are no pre-requisites for this course.

**PREVENTION LINK BOOKING AND CANCELLATION POLICY**

Course numbers are limited to ensure a quality learning experience for all participants. Places are allocated in order of receipt of registration form. Written cancellation received 10 working days prior to the first day of training are subject to a 25 per cent administration charge. Cancellations received thereafter are refunded at 50 per cent of the registration fee.

Prevention Link may cancel any training session at any time with a full refund. Every effort will be made to ensure that registrants of a cancelled course are placed in the next available course. Prevention Link is not responsible for wages, non-refundable travel, meal or accommodation costs. Should a participant be unable to attend, a substitute nomination is welcome at no additional charge.

**PREVENTION LINK PRIVACY POLICY**

Prevention Link is committed to protecting your privacy and the confidentiality of information provided to us as regulated by Privacy Legislation. The information you provide is necessary to enable the processing of your registration and updating your current records with us. The information will be used to contact you regarding registrations and cancellations, provide you with information about a range of current/future workplace insurance and disability prevention training opportunities and other prospective events that may be of interest to you. Information provided by you may be disclosed to a relevant third party as a part of a grant agreement audit requirement. Information may also be disclosed to our affiliate organizations as an update report on their member training.

sf/cope343

